

GOLD Guidelines For Therapy At Each Stage Of COPD

Old	0: At Risk	I: Mild	II: Moderate		III: Severe
			IIA	IIB	
New	0: At Risk	I: Mild	II: Moderate	III: Severe	IV: Very Severe
Characteristics	Chronic Symptoms Exposure to Risk Factors Normal Spirometry	FEV1/FVC < 70% FEV1 ≥ 80% With or Without Symptoms	FEV1/FVC < 70% 50% ≤ FEV1 < 80% With or Without Symptoms	FEV1/FVC < 70% 30% ≤ FEV1 < 50% With or Without Symptoms	FEV1/FVC < 70% FEV1/FVC < 30% or presence of CRF or right heart failure
	Avoidance of Risk Factors				
		Add Short-acting Bronchodilator			
			Add regular treatment with one or more long-acting bronchodilators		
			Add Rehab		
				Add inhaled glucocorticosteroids if repeated exacerbations	
					Add long-term oxygen if CRF & Consider surgical treatments

National Institutes of Health, Heart, Lung and Blood Institute: Global Strategy for the Diagnosis, Management, and Prevention of COPD. Scientific information and recommendations for COPD programs. (Updated July 2005)