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FOOD SERVICES

Michigan Medicaid and your Medicaid health plan are offering food services to improve your health. You may qualify for one of these services at no cost to you. The food service(s) include:

- Medically Tailored Home Delivered Meal
- Healthy Home Delivered Meal
- Healthy Food Pack

It is up to you whether you use a food service if you qualify. Your Medicaid coverage and access to other medical services will stay the same if you use a food service or choose not to.

You can file a grievance or appeal about the food service, for example, if you are not approved for a food service.

Keep reading to learn more about your food service options and if you may qualify for a food service. If you have any questions, call 1-888-437-0606 for more information or visit our website at mimeridian.com.

Medically Tailored Home Delivered Meal

Through the Medically Tailored Home Delivered Meal service, you will receive up to two healthy meals delivered to your home for up to 6 months. These meals are tailored to your health needs.

You will also get help from a registered dietitian. This person is a nutrition expert and will give you guidance on choosing healthy foods.

This service is for members who cannot get enough food when they need it, cannot shop for and cook their own healthy meals, **AND**:

- Have an illness that can be improved with a healthy diet, like diabetes, heart conditions, stroke, lung disorders, hypertension, human immunodeficiency virus (HIV), cancer, obesity, oral health disease, sickle cell disease, renal/kidney disease, diabetes during pregnancy, other pregnancy complications, a substance use disorder or a mental health disorder; **OR**
- Have been in a hospital or skilled nursing facility in the last 90 days.

Medically Tailored Home Delivered Meal Questions? Call Member Services at 1-888-437-0606 TTY:711 or visit our website at mimeridian.com.



Healthy Home Delivered Meal

Through the Healthy Home Delivered Meal service, you will receive up to two healthy meals per day delivered to your home for up to 6 months.

This service is for members who cannot get enough food when they need it, cannot shop for and cook their own healthy meals **AND**:

- Have an illness that can be improved with a healthy diet, like diabetes, heart conditions, stroke, lung disorders, hypertension, human immunodeficiency virus (HIV), cancer, obesity, oral health disease, sickle cell disease, renal/kidney disease, a substance use disorder or a mental health disorder; **OR**
- Have been in a hospital or skilled nursing facility in the last 90 days; **OR**
- Are likely to end up in the hospital or another facility if they cannot access healthy food; **OR**
- Are pregnant and currently have, have a history of or are at risk of complications from being pregnant, including things like diabetes while pregnant, preeclampsia, preterm labor, an infection, a mental health condition **OR**
- Used to be in foster care and is at risk of developing an illness; **OR**
- Are a child that has too much lead in their blood, lives in a stressful environment or will develop an illness without access to healthy food; **OR**
- Are a child eligible for the Children's Special Health Care Services (CSHCS) program; **OR**
- Are an adult eligible for the Persons with Special Health Care Needs (PSHCN) program; **OR**
- Have a disability.

Healthy Home Delivered Meal Questions? Call Member Services at 1-888-437-0606 TTY:711 or visit our website at mimeridian.com.

Healthy Food Pack

Through the Healthy Food Pack service, you will be able to pick up a mix of healthy foods or have them delivered to your home weekly for up to 6 months.

This service is for members who cannot get enough food when they need it, cannot shop for their own healthy foods **AND**:

- Have an illness that can be improved with a healthy diet, like diabetes, heart conditions, stroke, lung disorders, hypertension, human immunodeficiency virus (HIV), cancer, obesity, oral health disease, sickle cell disease, renal/kidney disease, a substance use disorder or a mental health disorder; **OR**
- Have been in a hospital or skilled nursing facility in the last 90 days; **OR**



- Are likely to end up in the hospital or another facility if they cannot access healthy food; OR
- Are pregnant and currently have, have a history of or are at risk of complications from being pregnant, including things like diabetes while pregnant, preeclampsia, preterm labor, an infection, a mental health condition **OR**
- Used to be in foster care and is at risk of developing an illness; OR
- Are a child that has too much lead in their blood, lives in a stressful environment or will develop an illness without access to healthy food
- Are a child eligible for the Children's Special Health Care Services (CSHCS) program; OR
- Are an adult eligible for the Persons with Special Health Care Needs (PSHCN) program; OR
- Have a disability.