

# Catching a Breath Program

MeridianHealth (Meridian) partners with the American Therapy Centers (ATC) to provide members who have a confirmed diagnosis of Chronic Obstructive Pulmonary Disorder (COPD) with a home management program. The goal of this program is to teach our members how to manage their COPD and keep them from being admitted to the hospital due to a COPD exacerbation.



## HOW DOES THE PROGRAM WORK?

After the member agrees to participate in the program, Meridian notifies ATC of the member's consent. A Licensed Respiratory Therapist (RT) from ATC contacts the member to set up an evaluation in the member's home.

After the initial evaluation, the member receives eight more visits with the RT. All visits occur within the member's home at a date and time of the member's choosing. The RT does his/her best to accommodate the member's schedule and remains in contact throughout the program, available at any time if members require assistance.

Catching a Breath is a program provided to Meridian members free of charge as one of the benefits of enrollment. The program is completely voluntary and members can choose to stop participation at any time.



## WHAT HAPPENS AT THE HOME VISITS?

At the home visit, the RT addresses different items with the member, such as:

- Proper medication management
- Teaching breathing techniques
- Reviewing signs and symptoms for possible acute COPD episodes
- Discussing the importance of smoking cessation and helping connect with resources to quit
- Developing a COPD Action Plan
- Scheduling primary care provider (PCP) and pulmonologist appointments
- Reviewing infection control practices



## CAN I REFER A MEMBER TO THE CATCHING A BREATH PROGRAM?

Yes, as long as the member has a confirmed diagnosis of COPD. You can complete the attached referral form and fax it to **313-463-5254** or email **catchingabreath@mhplan.com**. The referral form is also available on the Provider Portal and on the Meridian website. Michigan Medicaid providers can obtain the form from the website by following these steps:

- Visit [www.mhplan.com/mi/providers](http://www.mhplan.com/mi/providers)
- Click on "Documents & Forms" on the left menu



## WHO DO I CONTACT FOR GENERAL QUESTIONS?

Please call Provider Services at 888-437-0606 for more information.

## Catching a Breath

### Home COPD Program Provider Referral Form

MEMBER'S INFORMATION		
LAST NAME	FIRST NAME	DATE OF REFERRAL
MERIDIAN ID NUMBER	GENDER	DATE OF BIRTH
	<input type="checkbox"/> Male <input type="checkbox"/> Female	
PRIMARY PHONE NUMBER	SECONDARY PHONE NUMBER	PRIMARY LANGUAGE
ADDRESS		CITY

REFERRER'S INFORMATION		
NAME		
ORGANIZATION	PCP?	
	<input type="checkbox"/> Yes <input type="checkbox"/> No	
ADDRESS		
POSITION/SPECIALTY	PHONE NUMBER	FAX NUMBER

REFERRAL CRITERIA <i>(please check all that apply)</i>	CURRENT COPD MEDICATIONS	
<input type="checkbox"/> Recent COPD hospitalization	<input type="checkbox"/> Member inquiry/Request	
<input type="checkbox"/> Recent COPD exacerbation	<input type="checkbox"/> Additional COPD Education	
<input type="checkbox"/> Newly diagnosed	<input type="checkbox"/> Non-compliant	
<input type="checkbox"/> Currently smoking	<input type="checkbox"/> Change in condition	
<b>Other <i>(please explain in detail)</i>:</b>		

Please fax completed forms to 313-463-5261 or email [catchingabreath@mhplan.com](mailto:catchingabreath@mhplan.com).