# MC3-HT2 Integration: High Touch, High Tech!

What is HT2?

HT2 is an easy-to-use mobile app for pregnant patients. It is designed for use prior to a new pregnancy intake appointment, either in the prenatal care waiting area or from home.

The HT2 app e-screens for major behavioral risks such as substance use and mental health symptoms, helps build motivation to make changes, and offers direct connection to behavioral health services via telecounseling.

e-Screening for risk
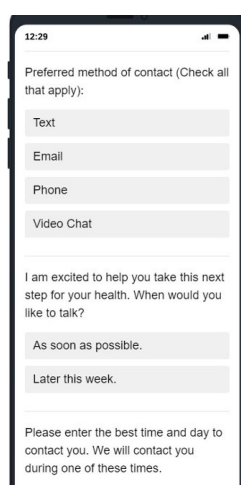
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Instant access to remote BHCs

HT2 Patient Benefits:

- Uses evidence-based screening to increase identification of behavioral risks
- Gives patients a brief evidence-based motivational intervention
- Connects patients to available social and behavioral services
- Connects patients directly to behavioral health telecounseling

HT2 Provider Benefits:

- Customizes services depending on clinic needs
- Provides a full scored report on patient responses and needs
- Allows clinics to bill for use of evidence-based screeners
- Provides visualizations of aggregate clinic-wide data so you can track patient progress

How do I get HT2 into my clinic?

MC3 Perinatal is currently offering HT2 in clinics across Southeast Michigan (Wayne, Macomb, and Oakland counties). We provide technical assistance to customize e-screeners and implement the app. Clinics are given a stipend to offset costs of app implementation and integration.

For more information contact: smitabha@med.umich.edu.