

> Substance Use Disorder Information Sheet

While it is always important to get your patients the treatment support they need for substance use disorder, you may not always have the information you need to provide a diagnosis. If you need assistance, we recommend the following criteria guidelines and alternative codes.

Please address substance use disorders **ONLY IF YOU ARE GOING TO FULLY ADDRESS AND DO** Initiation and Engagement Treatment (IET) of Alcohol and Other Drug (AOD) disorders. Healthcare Effectiveness Data and Information Set (HEDIS®) IET requires an initiation visit **within 14 days** of a **new AOD diagnosis** (more than 60 days since last visit) and at least **two more visits** addressing AOD disorder **within 34 days** of the initiation visit.



DSM-V Substance Use Disorder Criteria

DSM-V Substance Use Disorder* is defined as a problematic pattern of substance use leading to clinically significant impairment or distress, as manifested by at least two of the following within a 12-month period:

1. **Hazardous use:** You have used the substance in ways that are dangerous to yourself and/or others, i.e., overdosed, driven while under the influence, or blacked out.
2. **Social or interpersonal problems related to use:** Substance use has caused relationship problems or conflict with others.
3. **Neglected major roles to use:** You have failed to meet your responsibilities at work, school, or home because of substance use.
4. **Withdrawal:** You experience withdrawal symptoms when you stop using the substance.
5. **Tolerance:** You have built up a tolerance to the substance so that you have to use more to get the same effect.
6. **Used larger amounts/longer:** You have started to use larger amounts or use the substance for longer amounts of time.
7. **Repeated attempts to control use or quit:** You have tried to cut back or quit entirely but haven't been successful.
8. **Much time spent using:** You spend a lot of your time using the substance.
9. **Physical or psychological problems related to use:** Your substance use has led to physical health problems, such as liver damage or lung cancer, or psychological issues, such as depression or anxiety.
10. **Activities given up to use:** You have skipped activities or stopped doing activities you once enjoyed in order to use the substance.
11. **Craving:** You have experienced cravings for the substance.

Code is based on **current severity**: Note for ICD-10 codes, if substance intoxication, withdrawal, or another substance-induced mental disorder is also present, there are also comorbid codes used. Severity must also be specified:

Mild:	Moderate:	Severe:
Presence of 2-3 symptoms	Presence of 4-5 symptoms	Presence of 6 or more symptoms

*DSM-V Substance Use Disorder can be applied to all classes of substances including caffeine – see page 3.

ICD-10 Alternative Diagnosis Code Information

If a member does not currently meet AOD diagnosis criteria or you are unable to completely diagnose the disorder and would like to document counseling on the issue, use the codes below. These codes should be utilized when there is **NO current AOD or AOD history** and the goal is to counsel, watch, or refer to treat the member further with relation to substance.

Z71.89	Counseling on substance use and abuse	Z72.0	Tobacco use (NOS)
Z71.89	Drug or alcohol risk assessment or counseling	Z78.9	Consumption of alcohol

If the member does not currently meet AOD diagnosis criteria or you are unable to completely diagnose the disorder and would like to document counseling on the issue, use the codes below. These codes should be utilized when there is **ONLY a history of AOD** and the goal is to counsel, watch, or refer to treat the member further with relation to substance.

F10.11	Alcohol abuse, in remission	F10.21	Alcohol dependence, in remission
F11.11	Opioid abuse, in remission	F11.21	Opioid dependence, in remission
F12.11	Cannabis abuse, in remission	F12.21	Cannabis dependence, in remission
F13.11	Sedative, hypnotic, or anxiolytic abuse, in remission	F13.21	Sedative, hypnotic, or anxiolytic dependence, in remission
F14.11	Cocaine abuse, in remission	F14.21	Cocaine dependence, in remission
F15.11	Other stimulant abuse, in remission	F15.21	Other stimulant dependence, in remission
F16.11	Hallucinogen abuse, in remission	F16.21	Hallucinogen dependence, in remission
F18.11	Inhalant abuse, in remission	F18.21	Inhalant dependence, in remission
F19.11	Other psychoactive substance abuse, in remission	F19.21	Other psychoactive substance dependence, in remission
Z78.898	Personal history of other specified conditions	Z87.891	Personal history of nicotine dependence

Please diagnose a caffeine substance use disorder **ONLY IF YOU ARE GOING TO FULLY ADDRESS AND DO IET**.

F15.10	Other stimulant abuse, uncomplicated	F15.929	Other stimulant use, unspecified, with intoxication
F15.12	Other stimulant abuse with intoxication	F15.93	Other stimulant use, unspecified, with withdrawal
F15.20	Other stimulant dependence, uncomplicated	F15.980	Other stimulant use, unspecified, with stimulant-induced anxiety disorder
F15.22	Other stimulant dependence with intoxication	F15.982	Other stimulant use, unspecified, with stimulant-induced sleep disorder
F15.23	Other stimulant dependence with withdrawal	T43.615	Adverse effect of caffeine