

## Start Smart for Baby Program

April 2022

MICHIGAN

Dear Providers,

Through Meridian's Start Smart for Baby Program, an Edinburgh Depression Scale screening is completed during both the prenatal and postpartum period for care coordinated pregnant and postpartum members. If a member scores a 12 or above at either screening, Meridian will fax the screening results to the member's identified OB provider to encourage dialogue and appropriate follow up. Should you receive a fax with a screening and would like support with addressing your patient's mental health needs, you may contact our partner, MC3 Perinatal.

MC3 is a no cost perinatal psychiatric and behavioral health consulting program that helps providers deliver the best treatment for their patients.

For more information about MC3, check out their website at [www.mc2michigan.org](http://www.mc2michigan.org). You can also contact them via email at [Mc3-admin@med.umich.edu](mailto:Mc3-admin@med.umich.edu) or call **734- 474-0078**.

Sincerely,

Meridian