

Monthly Provider Update

October 2025

Go Paperless! Get the Monthly Provider Update by Email

Providers can now sign up to receive monthly updates via email by filling out [the form on our Bulletins page](#).



Did you miss an update? You can locate Monthly Provider Updates from previous months and applicable supplemental bulletins in the **archive section of the Bulletins page**, or see full details of any ongoing reminders on the **Ongoing Reminders page**.

This month, we have important updates about **recently reviewed medical policies**, upcoming **training and education opportunities for doulas and MIHP providers**, updates regarding **flu vaccine recommendations**, and end-of-year **reminders for preventative care**.

Market-Wide Updates

Breast Cancer Awareness Month

Meridian and Meridian Complete encourages providers to support early detection by promoting mammograms for eligible members. This aligns with the **BCS-E (Breast Cancer Screening)** HEDIS measure and helps improve outcomes for our population.

HEDIS® Hybrid Heads Up

It's that time of year again! We are preparing for our 2025 HEDIS hybrid project that will run from January 2026 to April 2026. Your office may be contacted during this timeframe for **records with dates of service in 2025 and prior that were not already captured by claims**. Please see our notification letter posted to the bulletins page for more of what to expect in the coming months.

Doula and MIHP Workshop

Meridian is excited to be hosting an upcoming **Doula and Maternal Infant Health Program (MIHP) Workshop in Flint, Michigan on November 7th, 2025**. This event is open to **all professionals working in the maternal health space, including Doulas, MIHP providers, and physicians**. Our goal is to create a space to work collaboratively to improve maternal and infant health outcomes. **To learn more, and register for the workshop, please see our bulletins page.**



Monthly Provider Webinars

Additional details and links to 2025 webinars are available on our bulletins page

Wednesday, October 1, 9-10 am EST
Wednesday, November 5, 9-10 am EST

Help Prevent the Flu: Encourage Vaccination

Flu season is approaching, and **vaccinations remain one of the most effective ways to protect patients and communities**. The trust you have established with your patients leads to effective and impactful conversations around flu prevention. Please speak openly with your patients about vaccines to help them decide what protection is best for them and the people they care about.

Health Literacy Month

October is Health Literacy Month, and a **critical month for preventative care**. Clear communication between providers and Meridian members is **key to improving preventive care engagement**. Supporting **health literacy contributes to better compliance across multiple HEDIS measures**. Please **prioritize screenings and follow-ups** for breast cancer, diabetes care, blood pressure control, immunizations, and well-care visits. **These services are covered benefits for Meridian Health MI members**. Your support helps improve outcomes and close care gaps before the end of the year.

Inside the Patient Perspective

This month's edition focuses on **Care Coordination**, a vital component of patient-centered care.

You'll find practical tips, best practices, and insights to help your team enhance **communication**, streamline **transitions**, and ensure **patients feel supported** every step of the way.

Check out the latest edition of this update on our Bulletins page!

Meridian (Medicaid) Updates

Humira to adalimumab-adbm:

Preferred Biosimilar Available 11/01/2025

Effective 11/01/2025, adalimumab-adbm (unbranded Cyltezo), an FDA approved biosimilar that is interchangeable with brand name Humira (adalimumab) **will be a preferred option, covered without prior authorization, within quantity limits**, for Michigan Meridian Medicaid members.

Providers are encouraged to adjust their prescribing practice for MI Medicaid beneficiaries to **utilize the newly preferred biosimilar product adalimumab-adbm (unbranded Cyltezo)** in place of brand name Humira, for patients **newly starting therapy** with adalimumab, and consider converting their patients who are already established on brand name Humira **to the biosimilar product** starting on or after 11/01/2025. Please see the full supplemental bulletin for guidance on converting patient prescriptions.

2025 Quarter 3 Clinical Policy Review Updates

Several Medicaid clinical policies have undergone an annual review with some **added criteria requirements that may impact the prior authorization process**. You can find the revision log within each policy to review the changes. These **changes go into effect on November 17, 2025**. Please see the bulletins page for a **full list of affected policies**.

National Dental Hygiene Month

Dental care is a covered benefit for MI Meridian members, and it's especially important for those diagnosed with diabetes. Good oral health, including dental evaluations and fluoride treatments, supports better diabetes management and helps prevent complications. **Encourage your patients to schedule their dental visits today!**

MI AIM Severe Hypertension Bundle Initiative

The Michigan Alliance for Innovation on Maternal Health (MI AIM) equips hospitals with standardized best practices to **ensure safe births, improve prenatal and postpartum outcomes, and save lives**. Achieving these goals requires the commitment of the entire birthing community. Your hospital's participation is critical in protecting mothers and babies from preventable complications and mortality.

Meridian is committed to **advancing equitable birthing outcomes**. As a proud partner and supporter of MI AIM safety bundles, **later this fall we will be launching a Free Blood Pressure & WiFi-Enabled Tablet Initiative** to strengthen hospital compliance and improve outcomes for the **Severe Hypertension in Pregnancy Safety Bundle**. The initiative focuses on improving 3-day and 7-day post-discharge follow up visits for perinatal patients discharged after a hypertension-related hospitalization. We will be releasing an application for this program in the coming weeks.

Maternal Mental Health

Would you like free help **supporting the mental health of your prenatal and postpartum patients**? Michigan Clinical Consultation & Care (MC3) offers **same-day psychiatry consultations for providers** statewide at no cost through same day phone consultations. Please visit the MC3 website (linked on our bulletins page) for more details.

In Case You Missed It

Additional details can be found on our Ongoing Reminders Page

- **RSV Season 2025-2026:** Our pharmacy team has created a **summary of RSV-related immunization updates and information on coverage** under medical and pharmacy benefits for RSV vaccines and RSV monoclonal antibodies used for immunization.
- The **Michigan Medicaid SPDL Formulary** has been updated as of 8/1/2025. These changes include **drugs that have been added, removed, or had utilization management restrictions adjusted** for preferred and non-preferred medications
- **The coverage of certain insulin syringes and pen needle products** has changed as of 08/01/2025 for all members. **Effective on 08/01/2025, insulin syringes and pen needles other than Embecta (formerly known as B.D.) branded products have been removed from the formulary.**
- **Coverage of OneTouch Diabetic Test Strips has changed as of 10/01/2025** for all members. **Effective 10/01/2025, OneTouch Diabetic Test Strips have been removed from the formulary** (list of covered medications). Starting on 10/01/2025, the **preferred diabetic test strips and glucometers is Accu-Chek Guide Test Strips, along with Accu-Chek Guide and Guide Me branded glucometers**. This applies under the pharmacy benefit for Michigan Meridian Medicaid members.
- Get **reimbursement for pediatric oral health screenings and fluoride varnish services** for patients aged zero to three
- **Recent Prior Authorization, Billing, and Policy Updates:**
 - Prior Authorization required for certain skin substitute codes effective 10/16/2025 – see Ongoing reminders page for full list and more details.
 - New Clinical Policies effective 8/22/2025 – see Ongoing Reminders page for full list and more details.
 - Prior Authorization required for 01966 – Anesthesia for Induced Abortion (Effective 7/21/2025)