

What is it?

- ▶ Pre-Exposure Prophylaxis
- ▶ PrEP is a medication taken to prevent getting HIV; PrEP is highly effective to prevent HIV when it is taken as recommended/prescribed.
- ▶ For more information on PrEP, visit: bit.ly/prep-basics (Source: CDC.gov¹)



How does it work?

- ▶ PrEP helps to reduce the risk of contracting HIV by about 99% when taken as prescribed. PrEP is not effective for preventing other STD/STIs. (Source: CDC.gov¹)
- ▶ Possible Side Effects: diarrhea, nausea, headache, fatigue, and stomach pain, which usually go away over time. (Source: CDC.gov¹)

3 Types of PrEP

Truvada®

- ▶ For patients who are at risk through sex or injection drug use

Descovy®

- ▶ For patients who are at risk through sex
- ▶ Not recommended for persons assigned female at birth, who are at risk for HIV through receptive vaginal sex

Apretude®

- ▶ The only (bi-monthly) injection approved for use as PrEP
- ▶ For persons at risk through sex, who weigh at least 77lbs (35kg)

Is PrEP right for my patient?

PrEP can help protect from HIV if your patient does not currently have HIV and/or any of the following apply to them:

- ▶ They have had anal or vaginal sex in the past 6 months and they:
 - Have a sexual partner with HIV (especially if the partner has an unknown or detectable viral load)
 - Have not consistently used a condom
 - Have been diagnosed with a STD in the past 6 months
- ▶ They inject drugs and:
 - Have an injection partner with HIV
 - Share needles, syringes, or other drug injection equipment
- ▶ They have been prescribed PEP (Post-Exposure Prophylaxis) and:
 - Report continued risk behavior
 - Have used multiple courses of PEP

¹CDC.gov (www.cdc.gov) is your online source for credible health information and is the official website of the Centers for Disease Control and Prevention (CDC).